

Thursday, May 23<sup>rd</sup>
8:30am – 2:30pm
Springer Gym

## PLEASE GIVE SO OTHERS CAN LIVE



Bring your **DONOR CARD** or ID

Minimum weight: 110 lbs.
Eat well (low fat) & drink fluids
No New tattoos for past 12 months
Age 16 – 74 (75+: with doctor's permission)
16 & 17-year: with parental permission

For questions concerning medical eligibility:

www.nybc.org | 1-800-688-0900



For questions or permission slip, please see:

Ms. Romano



