

Hearing-Students in grades 7, 10 and all new entrants are screened for hearing.

Scoliosis-Scoliosis screenings are performed on students in grade 6-9.

In the event that your child has difficulty with any of the screenings a written notice will be sent to your home for follow up with your private physician.

Physical Exams/Health Appraisals

Students in grades 7 and 10 and all new entrants to Jericho Schools are required to have a physical exam by your physician. The physical exam must be completed and signed by NY State License practitioner. The physical exam is due in the Nurse's Office within **30 days** of the start of the school year.

If your student is not in compliance you will be notified, and a physical exam will be scheduled with our school doctor.

All students who would like to participate in interscholastic sports must have a current physical exam completed on the Jericho Physical Form and 2 copies of Parent Permission Forms. The Jericho form is the **only** form accepted for interscholastic sports.

All forms can be found on the Jericho School Website (under athletics).

Physical Education Excuses

When a student can not participate in Phys. Ed or sports due to an injury or illness, the following procedure takes place:

1. A doctor's note should be presented to the nurse indicating the disability and length of time the student will be out of activity. If the note does not indicate a

date to return, a second note will be necessary prior to the student's return to Phys.ed and sports. Any student who is excused from Phys.ed will not be allowed to participate in sports.

2. A parent may submit a note to excuse a child for **one** day. The Nurse, at her discretion, may extend the excuse for up to one week.
3. Any student who arrives in school with sutures, a cast, sling, or splint is automatically excused from Phys.ed. and sports. A doctor's note is required in order to return to gym.
4. Any student who needs crutches in school must have a doctor's note stating he/she needs crutches, elevator, help with books and a pass to leave class 5 min early. A doctor's note is required in order to return to Phys. Ed and sports. A scribe is provided for tests only when a doctor's note is presented.

Registration Procedure

All new entrants to the Jericho UFSD are required documentation of all required immunizations. Immunization record must be an official document from a health care provider. The health care provider's signature and stamped are required.

The immunizations are; **3-4 DTaP, 3-4 Polio one after the 4th B-day, 3 Hepatitis B, 2 MMR (or 2 measles, 2 mumps, rubella), 2 Varicella** .The MMR and Varicella **must** be given on or after the child's first birthday. **1 Tdap** by age 11 and 1-2 meningitis vaccines.

Working Permits - Students can obtain working papers if they have a current physical on file. .

JERICHO UFSD

MIDDLE/HIGH SCHOOL

HEALTH OFFICE

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“EVERY BODY NEEDS A SCHOOL NURSE”



Please feel free to contact the Nurse's office for any questions you may have.

School Nurses are a vital link in the school team to coordinate and provide care for our students. School Nurses manage diabetes, asthma, life threatening allergies, mental and emotional illness, and safety issues, administer medications and provide an endless list of services to our student's on a daily basis.

School Nurses:

- **Triage student health concerns**
- **Assess physical and emotional issues**
- **Provide primary healthcare to students and staff**
- **Counsel students, staff and parents on health issues**
- **Administer medication on a daily and as needed basis**
- **Refer health issues to healthcare providers for further care and treatment as needed**
- **Provide health screenings-vision, hearing and scoliosis per New York State Regulations**
- **Monitor health appraisals (physicals) for NYS mandated grades of 7 and 10' as well as all new entrants**
- **Write emergency action plans as well as Individual Classroom Healthcare Plans**
- **Teach students to manage their own healthcare concerns**
- **Act as a liaison between the home and healthcare provider**
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School Nurses provide students with what they need in order to be at school and participate in the learning experience!

When your child is ill:



If your child should become ill or injured in school, every effort is made to contact a parent. If after a reasonable amount of time passes without being able to get in touch with a parent, the emergency contacts are then notified. ***It is extremely important that your personal contacts including your cell phone and work numbers are kept up to date as well as any changes in your emergency contacts. Students will not be released to any individual who is not listed on the emergency contact list.***

In the rare case your child is seriously injured or ill and a parent is unavailable, please know that your child's health and safety will always be our number one priority!

When your child is home ill, he or she should remain home until their fever is below 100 degrees without the use of any fever reducing medication such as Tylenol, Advil or Ibuprofen for 24 hours.

They should also remain home until they are symptom free for 24 hours. For example if your child has had a stomach virus, they should remain home until all symptoms have resolved and they are eating a regular diet.

Medications in School

Every effort should be made to administer medications outside the school setting. In the event that a student needs medication in school in order to maintain an optimal state of health, the following procedure must be followed:

1. A signed doctor's order stating the name, dosage, time to be given and diagnosis must be on file. This order must be renewed annually. This includes over the counter medications as well as prescription medications. Forms are available on the Jericho School website or in the Nurse's office.
2. Written permission from the parent or guardian authorizing the administration of the medication in school.
3. All medications **must** be brought to school by a parent or other designated adult. No students in the school is permitted to carry prescription or over the counter medication.
4. All medications must be in properly labeled bottles from the pharmacy. A second labeled bottle is requested for school trips. If an over counter medication is to be given, 2 small containers are requested so one can go on field trips with the student.

Screenings

The following screenings will be performed:

Vision-Students in grades 7, 10 and new entrants are screened for vision.