



<p>3 Buffalo Chicken Wrap Sweet Potato Fruit</p>	<p>4 Crispy Popcorn Chicken Macaroni & Cheese Green Beans Fruit</p>	<p>5 Pasta Ala Rosa Homemade Meat or Marinara Sauce Whole Grain Italian Bread Salad Cup/Fat Free Dressing Fruit</p>	<p>6 Tacos Soft or Hard Shells Salsa, Cheese Salad Cup Fruit</p>	<p>7 Pizza Bagel Three Bean Salad Fruit</p>	<p><u>Daily Sandwich Choices</u> <u>in All Schools</u> Choice of bread: Whole Grain, Kaiser Roll ,whole grain bread Sliced turkey, tuna salad, American cheese, peanut butter and jelly. Tortilla Vegetable Wrap offered daily. Fresh cut carrot sticks served daily in all schools. Two 4 oz. Yogurt may be selected as a lunch alternate. Second entrée available for \$2.35. MS/HS-may purchase bagel w/cream cheese/butter w/protein, milk, vegetable and fruit for \$3.00. Pizza Meals offered daily. Now available WOWBUTTER & JELLY. <u>Freshly made Chef Salad</u> available daily upon request at Jackson, Cantiague, and Seaman. With Lunch a student may select Fat-Free Chocolate, 1% White, Skim Milk. Poland Spring Water available Ala carte for \$1.25 ***NOW AVAILABLE*** <u>Lunch Prices</u> <i>Elementary</i> \$3.00 <i>MS/HS</i> \$3.00 <i>Milk</i> \$.50 SUGGESTIONS WELCOME! Tracy Gilet Director of Food Service 203-3600 ext. 3258 This institution is an equal opportunity provider and employer. <u>Scholar Connect:</u> Online Payments and account information available at www.Scholarconnect.com.</p>
<p>10 No school</p>	<p>11 No school</p>	<p>12 No school</p>	<p>13 No school</p>	<p>14 No school</p>	
<p>17 No school</p>	<p>18 No school</p>	<p>19 BBQ Ribs On a Bun Golden Corn Fruit <hr/>Veggie Burger W/Cheese On A Bun</p>	<p>20 Pasta Ala Rosa Homemade Meat or Marinara Sauce Whole Grain Italian Bread Salad Cup/Fat Free Dressing Fruit</p>	<p>21 Pizza Bagel Chick Pea Salad Fruit</p>	
<p>24 Seasoned Beef W/Melted Cheese On A Whole Grain Hero Bread Green Bean Salad Fruit <hr/>Chicken Alfredo</p>	<p>25 Homemade Chicken Tacos Soft or Hard Shells Shredded Lettuce, Shredded Cheese Baked Tater Tots Fruit</p>	<p>26 Pasta Ala Rosa Homemade Meat or Marinara Sauce Whole Grain Italian Bread Salad Cup/Fat Free Dressing Fruit</p>	<p>27 Homemade Sloppy Joe On a Bun Golden Corn Fruit</p>	<p>28 Pizza Bagel Black Bean Corn Salad Fruit</p>	