



		1 Pasta Ala Rosa Penne Pasta Homemade Meat or Marinara Sauce Italian Bread Broccoli Cup W/Ranch Dressing	2 Chicken Fingers Dipping Sauce Couscous Fruit <hr/> Homemade Chicken Salad on a Kaiser Roll	3 Pizza Bagel Homemade Green Bean Salad Fruit	<p><u>Daily Sandwich Choices in All Schools</u> Choice of bread: Whole Grain, Kaiser Roll ,whole grain bread Sliced turkey, tuna salad, American cheese, peanut butter and jelly. Tortilla Vegetable Wrap offered daily. Fresh cut carrot sticks served daily in all schools. Two 4 oz. Yogurt may be selected as a lunch alternate. Second entrée available for \$2.35. MS/HS-may purchase bagel w/cream cheese/butter w/protein, milk, vegetable and fruit for \$3.00. Pizza Meals offered daily. <u>NOW AVAILABLE</u> <u>WOWBUTTER (Peanut Free) & JELLY.</u> <u>Freshly made Chef Salad</u> available daily upon request at Jackson, Cantiague, and Seaman. With Lunch a student may select Fat-Free Chocolate, 1% White, Skim Milk. Poland Spring Water available Ala carte for \$1.25 <u>***NOW AVAILABLE***</u> <u>Lunch Prices</u> <i>Elementary</i> \$3.00 <i>MS/HS</i> \$3.00 <i>Milk</i> \$.50 SUGGESTIONS WELCOME! Tracy Gilet Director of Food Service 203-3600 ext. 3258 This institution is an equal opportunity provider and employer. Scholar Connect: Online Payments and account information available at www.Scholarconnect.com.</p>
6 Grilled Cheese Sandwich Tater Tots Fruit <hr/> Veggie Burger-Cheese	7 BBQ Ribs On a Bun Golden Corn Fruit <hr/> General Tso's Chicken	8 Spaghetti W/Meatballs Homemade Marinara Sauce Italian Bread Veggie Cup/Dip Fruit	9 Chicken Parmigiana Three Bean Salad Fruit <hr/> Steak Burger	10 Pizza Bagel Chick Pea Salad Fruit	
13 Buffalo Chicken Garlic Bread Steamed Carrots Fruit	14 Sloppy Joe On a Bun Golden Corn Fruit	15 Homemade Baked Ziti (Meatless) Whole Grain Italian Bread Carrot & Celery Cup Fruit	16 Meatball Hero Plain Or Parmigiana Homemade Sauce Fresh Carrots & Celery Sticks Fruit	17 Pizza Bagel Green Bean Salad Fruit	
20 Spicy Chicken Patty On A Bun Golden Corn Fruit <hr/> Roasted Broccoli Wrap W/Mozzarella	21 Crispy Popcorn Chicken Cauliflower Mashed Potatoes Garlic Bread Fruit	22 Pasta Homemade Marinara Sauce Turkey Meatballs Spring Mix /Grape Tomato Fruit	23 Roasted Chicken Macaroni and Cheese Carrot & Celery Sticks Fruit	24 Pizza Bagel Roasted Broccoli Fruit	
27 Chicken Souvlaki W/Red Peppers & Onions Flat Bread Fruit <hr/> Chicken Nuggets/Dipping Sauce	28 Steak Burger On A Bun Cheese & Onions Tater Tots Fruit <hr/> Veggie Burger-Cheese	29 Penne Pasta Homemade Marinara Sauce Cheese Cup Broccoli Crowns Ranch Dressing Fruit	30 Powerhouse Chili (meatless) Black Beans, Red Peppers Brown Rice Fruit <hr/> Hawaiian Chicken Wrap	31 Pizza Bagel Golden Corn Fruit	