



JERICHO PUBLIC SCHOOLS

LUNCH MENU* MIDDLE/HIGH SCHOOL

SUBJECT TO CHANGE

April 2018

2	3	4	5	6	<p><u>Daily Sandwich Choices</u> <u>in All Schools</u> Choice of bread: Whole Grain, Kaiser Roll ,whole grain bread Sliced turkey, tuna salad, American cheese, peanut butter and jelly. Tortilla Vegetable Wrap offered daily. Fresh cut carrot sticks served daily in all schools. Two 4 oz. Yogurt may be selected as a lunch alternate. Second entrée available for \$2.35. MS/HS-may purchase bagel w/cream cheese/butter w/protein, milk, vegetable and fruit for \$3.00. <u>Freshly made Chef Salad</u> available daily upon request at Jackson, Cantiague, and Seaman. With Lunch a student may select Fat-Free Chocolate, 1% White, Skim Milk. Poland Spring Water available Ala carte for \$1.25 ***NOW AVAILABLE*** <u>Lunch Prices</u> <i>Elementary</i> \$3.00 <i>MS/HS</i> \$3.00 <i>Milk</i> \$.50 SUGGESTIONS WELCOME! Tracy Gilet Director of Food Service 203-3600 ext. 3258 This institution is an equal opportunity provider and employer. <u>Scholar Connect:</u> Online Payments and account information available at www.Scholarconnect.com.</p>
School Closed	School Closed	School Closed	School Closed	School Closed	
9	10	11	12	13	
Chicken Souvlaki Flat Bread Hash Browns Fresh Fruit	Popcorn Chicken Brown Rice Steamed Spinach Fruit	Pasta Ala Rosa Spaghetti Homemade Marinara Sauce Meatballs Whole Grain Italian Bread Spring Salad -Fat Free Dressing Fruit	Oven Roasted Chicken Baked Potato Tots Salad Cup Fruit	Nacho Grande Taco Meat, Tortilla Chips Shredded Lettuce, Salsa, Red Kidney Beans Fruit	
16	17	18	19	20	
Turkey Hot Dog Whole Grain Bun Homemade Macaroni & Cheese Corn Fruit	Homemade Sloppy Joe On a Bun Golden Corn Fruit	Penne Pasta Homemade Meat or Marinara Sauce Whole Grain Italian Bread Roasted Red Peppers Fresh Fruit	Pizza Bagel Chickpea Salad Fresh Fruit	Meatball Hero Plain or Parmigiana Season Red Beans Fruit	
23	24	25	26	27	
Chicken Fajita Onion-Peppers Flat Bread Fruit	Homemade Tacos Soft or Hard Shells Shredded Lettuce, Salsa Brown Rice, Red Beans Fruit	Penne Pasta Homemade Marinara Sauce Meatballs Whole Grain Italian Bread Broccoli Fruit	Steak Burger On a Bun Fruit	Pizza Bagel Green Bean Salad Fresh Fruit	
30					
Baked Whole Grain Chicken Nuggets Cauliflower Mashed Potatoes Sautéed Spinach Fresh Fruit					